



LIVE HEALTHY, BE WEALTHY



For Private Circulation

EVENTS OF NOVEMBER

- 1/11/2024-- Health care on wheels was being inaugurated by honorable minister Sri Kondapali Srinivas Garu at Devupali village, Bondapali Mandala.
- 3/11/2024-Chancellor sir Prof GSN Raju attended as Chief Guest for Book inauguration of Autobiography of Smt Galla Aruna Kumari, Mother of Ex. M P Dalla Jayadev at Visakhapatnam.
- 6/11/2024--8/11/2024--Radiology Day Celebrations
- 7/11/2024 - School Games State Weight lifting Championship-2024 Our University Weight lifting Club Student V Ramadevi Won - Gold Medal under 17 Snatch 48 Kgs clean and Jerk 61 Kgs. 49 category Battu Lokesh 61 category won the Bronze Snatch 75 Kgs clean and Jerk 93 Kgs.
- 7/11/2024 - Felicitations to Dr. Kumara Swamy, MD Swamy Eye Hospital Vizianagaram for his Presence as a Chief Guest in the World Sight Day Program , further collaborations regarding Students Hospital Practice and Outreach activities were also discussed .
- 7/11/2024 - Beautification of the campus with Marigold and Chrysanthemum plants
- 9/11/24-10/11/24--FACULTY RETREAT
- 11/10/24 - Interactive session with Prof S. Jaya Rama Reddy, Chancellor, Sri Chandra Sekhara Maha Viswa Vidyalayam, Kancheepuram, former Vice Chancellor Sri Venkateswara University, Tirupati
- 19/11/24 - International Men's Day Celebrations dedicated on 19th November 2024.
- 23/11/24 - Electric Vehicle Design and Battery Manufacturing " organized by the Centurion Capacity and Competency Development Centre (CCCDC) which dealt with Topic : Electric Vehicle Design and Battery Manufacturing by Resource Person: Prof. Sudhanshu Samal
- 23/11/24 - NCC Day Celebrations in CUTM AP
- 23/11/24 - Chancellor Sir Prof GSN Raju felicitated by JNTU VZM Vice Chancellor Prof Rajyalakshmi garu and Registrar Dr Suma garu during Research and Development Advisory Board meeting.
- 25/11/24 - Chancellor Prof GSN Raju greeting Princess of Travancore Kingdom, Kerala Padmasri Dr Gowrishankar Lakshmi Bayi (Chief Guest) during Dr GVG Raju's Centenary Jayanthi celebrations in Vizag .
- 26/11/24 - Indian Constitution Day Celebrations.
- 29/11/24 - Webinar on "A Holistic Approach to Health and Wellness".
- 30/11/24 Ravikiran Edara, IRS, GST Commissioner Delivered a talk for the faculty of CUTM AP
- 30/11/24 - KARTHIKA DEEPARADHANA



Chancellor Prof GSN Raju sir greeting Princess of Travancore Kingdom, Kerala Padmasri Dr Gowrishankar Lakshmi Bayi



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Chancellor sir Prof GSN Raju Garu attended as Chief Guest for Book inauguration of Autobiography of Smt Galla Aruna Kumari, Mother of Ex. M P Dalla Jayadev at Visakhapatnam.

Former minister Galla Aruna Kumari's autobiography book was launched . At the book launch event held under the aegis of the Writers' Academy, national president of the Vishwa Hindi Parishad Yarlagadda Lakshmi Prasad said he had read Aruna Kumari's book multiple times. "Normally, any book starts with a preface, but this book starts with the cover page," he mentioned, referring to Aruna Kumari as the 'angry young woman

Centurion University Chancellor Professor GSN Raju, Writers Academy VV Ramana Murthy, Professor V Balamohan Das, children's film producer Sudharani, among others, were present.



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It is celebrated on November 8 each year and coincides with the anniversary of the discovery of x-rays. It was first introduced in 2012, as a joint initiative of the European Society of Radiology (ESR), the Radiological Society of North America (RSNA), and the American College of Radiology (ACR).



Radiology Day Conference 2024

Dates: 6th 7th 8th November 2024

Venue: Centurion University of Technology and Management

Gallery Hall 1

The Radiology Day Conference, organized by Centurion University of Technology and Management, was a three-day event celebrating advancements and innovations in the field of radiology. The conference brought together students, faculty, professionals, and industry experts to exchange knowledge and insights.

Day 1: Inaugural Ceremony and Keynote Sessions

The event began with an inspiring inaugural ceremony graced by distinguished guests and university officials. The keynote address was delivered by Shrimati Padma Savatri, a renowned BARC Scientist.

The day also featured:

Panel Discussion: Experts discussed the integration of AI in diagnostic imaging.
Workshops: Hands-on training on advanced imaging techniques and diagnostic tools.

Day 2: Academic Sessions and Technical Exhibitions

Day 2 was packed with interactive academic sessions, including:
Poster Presentations by the students & Guest Lectures in Esteemed speakers covered topics such as interventional radiology and personalized imaging.

Day 3: Students' Oral Presentations, Debate, and Quiz Competitions

The final day focused on student-centric activities aimed at fostering critical thinking and knowledge application:

Oral Presentations: Students presented their research work and innovative ideas, which were evaluated by an expert panel.

Debate Competition: Teams engaged in lively debates on current issues in radiology, demonstrating their analytical and communication skills.

Quiz Competition: A thrilling radiology-themed quiz tested participants' knowledge, creating an atmosphere of excitement and learning.

The conference concluded with a valedictory ceremony where awards were presented to winners of the competitions and outstanding research contributors.



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**School Games State Weight lifting
Championship- 2024**

Our University Weight lifting Club
Student
Miss V Ramadevi Won - Gold Medal
under 17 Snatch 48 Kgs clean and Jerk
61 Kgs.

49 category Battu Lokesh 61
category won the Bronze
Snatch 75 Kgs clean and Jerk
93 Kgs .

V Ramadevi along with her coach
being appreciated by Our Vice
Chancellor sir, Registrar ma'am
and Deputy Registrar

Dean SOAPHS ,
Dr Vijaya Babu and
HOD Optometry
Mr. Sourajit Kumar
Baneerjee Greeting
Dr Kumaraswamy sir
of Swamy Eye
Hospital





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**CELEBRATING
INTERNATIONAL
MEN'S DAY**

Fun Activities

Sports

- Sack Race
- 7 stones
- Tug Of War
- Arm Wrestle
- Pushup
- Plank

Events

- Painting
- Essay Competition

Specials

- Rampwalk
- Cooking Competition

19th november

**Venue: C block and
Ground**

Dress code for **MALE STAFF** : white
shirt and black pants (formal)
Dress code for **BOYS** : black shirt
T-shirt and alternative pants

On the 18th and 19th of November, we celebrated **International Men's Day**

with great joy and enthusiasm, honoring the invaluable contributions of men in all aspects of life. This special event aimed to emphasize the dedication, resilience, and multifaceted roles that men play in our society.

The celebration was marked by a variety of activities and competitions designed to showcase the versatility and talents of men. Faculty members participated in engaging sports events like cricket, which fostered teamwork and camaraderie. Additionally, competitions such as cooking, tug of war, plank, arm wrestling, essay writing, and painting provided a platform for participants to display their diverse skills, truly proving that men are all-rounders. A highlight of the event was the special felicitation ceremony held to honor the non-teaching staff members who have been pillars of support to our university for many years. Their dedication and commitment were acknowledged with heartfelt gratitude and respect.

The event was a grand success, bringing together faculty, students, and staff in a celebration of unity, talent, and appreciation. It served as a reminder of the significant impact men have on our lives and communities, and it reinforced the values of teamwork, respect, and gratitude.

Such initiatives not only build stronger bonds within the university but also create lasting memories that celebrate the spirit of inclusivity and acknowledgment. The Men's Day celebration was indeed a proud and joyous occasion for everyone involved.





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Healthcare on wheels, also known as a mobile clinic or mobile hospital, stated by CUTM AP is a service that provides medical care in areas that are underserved or remote. Healthcare on wheels can include a variety of services, such as:

Diagnostic check-ups: Regular check-ups to diagnose conditions

Consultations: Consultations with doctors and specialists

Medicines: Affordable generic medicines

Screening: Screening for a variety of diseases, including communicable and non-communicable diseases

Treatment: Treatment for a variety of conditions

Counseling: Counseling and referrals

Eye and oral care: Eye and oral care services

Emergency medical services: Rapid response and treatment for urgent medical situations

Telemedicine consultations: Remote consultations with specialized doctors



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HEALTH CARE ON WHEELS - single mobile clinic also referred to as a mobile hospital or hospital on wheels to bring together different and specific medical activities and thus offer a diversified screening or examination services.

A health care delivery system includes all the people, institutions, and services that assist in care coordination, patient flows, diagnosis, disease management, and promotion of health maintenance programs.





Students having their eye check up -Health Care on Wheels

An old lady being explained about her eye condition and after complete ocular examination she was being explained as to how to take care of her ocular health in detail by our Senior Optometrists and students



Blood investigations being performed for the people who have come for medical check up by our students - Health care on Wheels

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3
GOOD HEALTH AND WELL-BEING


4
QUALITY EDUCATION

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WEBINAR

Topic : A Holistic Approach to Health and Wellness



Resource Person


DR. ANAGHA TULASI LATHA

Wellness Coach and Nutritionist

Date: 29.11.2024 (Friday) Time: 3.00 pm to 4.30 pm

Mode: Online Venue: Gallery Hall 1, C- Block First floor

A Webinar on “A Holistic Approach to Health and Wellness “ -
by Dr Anagha Tulasi Latha on Wellness Coach and Nutritionist
for Centurion students and faculty





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CENTURION UNIVERSITY OF TECHNOLOGY AND MANAGEMENT ANDHRA PRADESH

Centurion Capability and Competency Development Center



INVITED TALK on PATENTING
By **Dr. Preetha Bhadra**
Assistant Professor
Parlakhemundi Campus.

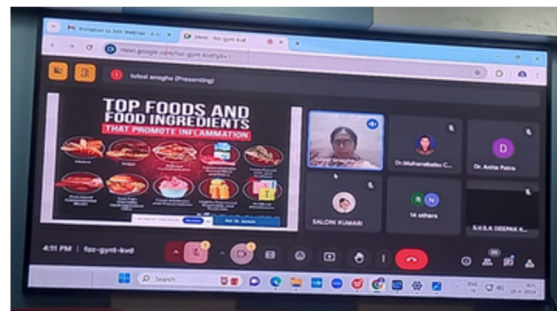


VENUE: GALLERY HALL-1

DATE: 26-NOV-24; at 04:15 PM

Join Zoom Meeting
<https://us04web.zoom.us/j/74326153105?pwd=uGEjUjRlC14apKsuwunr3zj9EeNSrZl.1>

An Invited talk on PATENTING by Dr Preetha Bhadra, Assistant Professor, Parlakhemundi Campus through online for faculty of CUTM, AP and explained about Patenting and the various aspects related to patenting





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NCC Day 2024 is a celebratory event dedicated to honoring the contributions and achievements of the National Cadet Corps (NCC), one of the largest uniformed youth organizations in the world. Observed annually, NCC Day commemorates the establishment of the organization and highlights its role in fostering discipline, leadership, and a sense of patriotic duty among young individuals. This year's celebration, themed "Empowering Youth, Enriching the Nation," aims to underscore the NCC's commitment to shaping responsible citizens and building a stronger, united nation. The event will feature a variety of activities, including parades, cultural programs, and community service initiatives that showcase the skills and spirit of cadets.





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Karthika Deepam which is a significant Hindu festival, widely celebrated in South India, especially in Andhra Pradesh, Tamil Nadu, and Telangana which involves lighting earthen lamps as a symbol of removing darkness and spreading light and positivity. On the occasion of the last day of Karthikamasam Centurion University of Technology and Management has celebrated "Karthika Deeparadhana" worshipping Lord Shiva on 30th November 2024. The Event featured the lighting of Diyas in honour of Lord Shiva, along with Omkaram and Other spiritual activities.



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A ritual worship of Lord Shiva or Lord Kartikeya by the priest who is our student and the ritual procedure was carried out by Vice chancellor sir and his family followed by Traditional dances, songs, showcasing the essence of Karthika Deepam and Indian culture by our students

Ghanasri, Yathisha and Gayathri . Devotional song as a part of giving glory to Lord shiva were sung by Mr. Adithya and his team

Lighting of Lamps: A grand ceremonial lighting of lamps (Deepam) by students, faculty, and staff to mark the occasion. The presence of lord shiva and his blessings ,warmth was felt by one and all Diyas were exclusively made by our centurion university students using the clay and those diyas were lighted as a part of the celebration

The celebrations ended with distribution of Prasadam (sanctified food) and a feast or community meal to bring everyone together



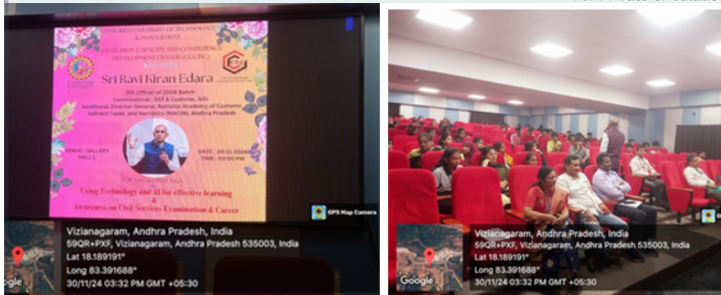
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A Webinar by Sri Ravi Kiran Edara ,Commissioner ,GST & Customers GOI on “ Using Technology AI for effective learning & Awareness on Civil Services Examinations & Career
The session dealt with

How to use the data for predictive analytics and for insight generation to improve public services. Also, the public sector needs to be ready to revise legal, regulatory and ethical frameworks with the emergence of digital technologies. He also stated that One of the main roles of AI in civil engineering is to automate routine and repetitive tasks, such as project scheduling, cost estimation, and materials selection, thereby increasing productivity and efficiency.

Adaptive Learning By tailoring the study plan, AI helps aspirants use their time more effectively and efficiently. The integration of AI in UPSC preparation is a game-changer, offering personalized and efficient learning experiences that can significantly enhance an aspirant's performance.



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World AIDS Day is observed on December 1st every year to raise awareness about HIV and AIDS, and to show support for people living with HIV. The theme for 2024 is "Take the Rights Path: My Health, My Right!"

Here are some ways to prevent the spread of HIV:

- **Use condoms:** Use a male or female condom correctly every time you have sex, especially with partners whose HIV status is unknown or who are HIV positive. Don't use condoms made from animal products.
- **Take PrEP:** If you don't have HIV but are at risk of getting it, you can take pre-exposure prophylaxis (PrEP). PrEP involves taking a specific HIV medicine every day or an injectable HIV medicine every two months.
- **Take PEP:** If you think you've been exposed to HIV, you should contact your healthcare provider as soon as possible to see if you should take post-exposure prophylaxis (PEP).
- **Get tested:** Get tested for HIV and other sexually transmitted infections (STIs).
- **Don't share needles:** Never share needles to take drugs. If you do inject drugs, use only sterile injection equipment and water. You can get new needles and syringes and safely dispose of used at syringe services programs (SSPs).
- **Avoid getting drunk or high:** Intoxicated people might be less likely to protect themselves.
- **Take HIV medicine:** If you have HIV, take HIV medicine (called antiretroviral therapy or ART) as prescribed by your doctor.
- **Get circumcised:** Consider getting a voluntary medical male circumcision.



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ఆంధ్రవార్త

నాయకత్వ లక్షణాలు

పెంపొందించడంలో ఎన్.సి.సి ముందంజ

• వై. ధాన్యం ప్రొఫెసర్ మహతి



భక్తిశ్రద్ధలతో కార్మిక సమరం...
వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి...
వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి...

సెంచూరియన్లో కార్మిక సమరం



సెంచూరియన్ విశ్వవిద్యాలయంలో కార్మిక సమరం...
సెంచూరియన్ విశ్వవిద్యాలయంలో కార్మిక సమరం...
సెంచూరియన్ విశ్వవిద్యాలయంలో కార్మిక సమరం...

వార్త

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సెంచూరియన్లో భక్తి శ్రద్ధలతో కార్మిక సమరం, పాల్గొన్న వి.సి.వె.సహితి

వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి...
వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి, వై. ధాన్యం ప్రొఫెసర్ మహతి...

పుష్కరేంద్రం రామకీర్తంలో...

పుష్కరేంద్రం రామకీర్తంలో రామకీర్తన...
పుష్కరేంద్రం రామకీర్తంలో రామకీర్తన...
పుష్కరేంద్రం రామకీర్తంలో రామకీర్తన...

నాక్ష

భక్తిశ్రద్ధలతో పోలిపాడ్యమి పూజలు

భక్తిశ్రద్ధలతో పోలిపాడ్యమి పూజలు...
భక్తిశ్రద్ధలతో పోలిపాడ్యమి పూజలు...
భక్తిశ్రద్ధలతో పోలిపాడ్యమి పూజలు...